

LUNCH

Grain Items Offered on Menu are Whole Grain Rich
Skim and 1% Milk Offered Daily

SEPTEMBER 2023

Monday

Tuesday

Wednesday

Thursday

Friday

4

Labor Day
No School

5

Sliced Banana Bread
Strawberry Applesauce

Pepperoni Pizza
Broccoli | Applesauce

6

Strawberry Mini Bagels
Fresh Apple

Chicken Quesadilla | Pinto Beans
Strawberries

7

Cinnamon Bun
Fresh Apple

Half day

8

Buttermilk Waffles
Diced Pears

Turkey & Cheese Sandwich
Baby Carrots | Fresh Sliced Orange

11

Lucky Charms Cereal Bowl
Graham Crackers | Fresh Apple

Cheeseburger
Corn | Fresh Sliced Orange

12

Mini Glazed Donuts
Fresh Sliced Orange

Pepperoni Pizza
Broccoli | Diced Pears

13

Soft Banana Oatmeal Rounds
Fresh Sliced Orange

Rolled Taquitos | Grapes
Spanish Rice | Refried Beans

14

Carrot Bun
Fresh Apple

Chicken Nuggets | Diced Pears
Mashed Potatoes & Gravy

15

Berry French Toast
Fresh Sliced Orange

Cold Cut Sub
Cucumbers | Fresh Sliced Orange

18

Lucky Charms Cereal Bowl
Graham Crackers | Fresh Apple

Turkey Corn Dog
Corn | Fruit Mix

19

Apple Frudel
Fresh Apple

Pepperoni Pizza
Broccoli | Applesauce

20

Bagel & Cream Cheese
Strawberry Applesauce

Bean & Cheese Nachos
Celery | Strawberries

21

Large Blueberry Muffin
Fresh Sliced Orange

Popcorn Chicken Bowl
Baby Carrots | Fresh Sliced Orange

22

Breakfast Burrito
Strawberry Applesauce

Ham & Cheese Croissant
Cucumbers | Fresh Sliced Orange

25

Cinnamon Toast Crunch
Cereal Bowl
Graham Crackers | Fresh Apple

Baked Chicken Sandwich
Corn | Fresh Sliced Orange

26

French
Toast Breakfast Bar
Fresh Apple

Pepperoni Pizza
Broccoli | Sliced Peaches

27

Cinni Mini Bagels
Applesauce

Bean & Cheese Burrito
Garbanzos | Fruit Mix

28

Sliced Banana Bread
Strawberry Applesauce

Spaghetti with Meatsauce
Baby Carrots | Grapes

29

Breakfast Sausage Pizza
Diced Pears

Grilled Ham & Cheese Sandwich
Cucumbers | Fresh Sliced Orange

Menu is subject to change due to product availability

"This institution is an equal opportunity provider"