

LUNCH

Grain Items Offered on Menu are Whole Grain Rich
Skim and 1% Milk Offered

NOVEMBER 2023

Monday

Tuesday

Wednesday

Thursday

Friday

6
Applejacks Cereal Bowl
Graham Crackers | Fresh Apple

Cheeseburger
Cucumbers | Fresh Sliced Orange

7
Soft Filled Cinnamon Toast
Crunch Breakfast Bar
Fresh Sliced Orange

Pepperoni Pizza
Broccoli | Applesauce

8
Carrot Bun
Fresh Apple

Beef Taquitos
Rice & Beans
Celery

9
Cinnamon Raisin
Bagel & Cream Cheese
Fresh Strawberries

Baked Beef Ziti Pasta
Baby Carrots | Grapes

10
Veteran's Day

13
Cocoa Puffs Cereal Bowl
Graham Crackers | Fresh Apple

Turkey Corn Dog
Corn | Fresh Sliced Orange

14
Cinnamon Bun
Peach

Pepperoni Pizza
Broccoli | Sliced Peaches

15
Sliced Banana Bread
Strawberry Applesauce

Bean & Cheese Nachos
Celery | Strawberries

16
Strawberry Mini Bagels
Fresh Apple

Popcorn Chicken Bowl
Baby Carrots | Diced Pears

17
Breakfast Sausage Pizza
Applesauce

Thanksgiving Turkey
Mashed Potatoes & Gravy
Pumpkin Pie | Dinner Roll

20

21

22

23
Happy Thanksgiving!

24

27
Cinnamon Toast
Crunch Cereal Bowl
Graham Crackers | Fresh Apple

Chicken Nuggets
Mashed Potatoes & Gravy
Diced Pears

28
French Toast Breakfast Bar
Pear

Pepperoni Pizza
Broccoli | Sliced Peaches

29
Cinni Mini Bagels
Applesauce

Bean & Cheese Burrito
Corn | Fruit Mix

30
Large Blueberry Muffin
Fresh Sliced Orange

Chicken Fried Rice
& Stir-Fried veggies
Baby Carrots
Sliced Peaches



Menu is subject to change due to product availability
"This institution is an equal opportunity provider"